



THE CARVALHO CONSULTANCY

SUPPORT | INSIGHT | STRATEGY

LexisNexis x The Carvalho Consultancy

In 2022, Lexis Webinars is partnering with The Carvalho Consultancy to bring you five practical learning sessions:

Title	Product Code
Resilience for lawyers in post-COVID times (2022)	VK0122
Empathetic assertiveness in law (2022)	VK0222
Women in law - How to own the room (2022)	VR0122
Managing challenging clients and cases (2022)	VK0422
Practical wellbeing for in-house counsel (2022)	WH0422

The Carvalho Consultancy is a team of therapists and coaches who help lawyers and law firms cope and thrive within the modern world of law by providing bespoke therapy, coaching and training.

"As lawyers ourselves, we've been where our clients are. We've got the battle scars, we know the terrain and we understand the profession. With our experience of working with lawyers we have a real insight into the challenges faced across the profession. However, we are also fully independent and can therefore offer an impartial service and the right advice."



Annmarie is an integrative counsellor and trainer who was previously a family lawyer at Farrer & Co. Annmarie has been providing one-on-one counselling to lawyers, and in-house counselling for law firms, since 2018.

If you wish to have an exploratory chat with a member of the team, please get in touch via:

<https://carvalhotherapy.com/>

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Adam is a career coach accredited by the International Coaching Federation. Adam was previously a partner at Farrer & Co specialising in contentious trusts work. Adam provides one-on-one coaching for lawyers and in-house coaching for firms.

The Carvalho Consultancy team also includes Tim Rice, who provides individual and couples' counselling and therapeutic supervision to lawyers, and Kate Hall, a former family lawyer and mediator who now provides psychotherapy to lawyers.

The Carvalho Consultancy team regularly provide training to fee earning and management teams, as well as organisations connected to the legal industry and law schools.

To register for the live and free webinar – 'Resilience for lawyers in post-COVID times (2022)', go to:

<https://www.lexiswebinars.co.uk/legal/free-live-webinars/resilience-for-lawyers-in-post-covid-times-2022> [<https://www.lexiswebinars.co.uk/legal/free-live-webinars/resilience-for-lawyers-in-post-covid-times-2022>]

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